

SPRING | SUMMER | FALL 2025 'A LA CARTE' ACTIVITIES

Activities			Time of Year	Price per person		Minimum group size	The price includes	Do not forget / extras			
	Aiguille du Midi 3 842 m	half day	All year round,		6 - 20 21 - 50 + 50 115 € 112 € 109 €			- Mountain leaders services	- Warm clothes,		
Panoramas /Sighsteeing	Mer de Glace - Montenvers 1 913 m		according to lifts openings.	75 €	71 €	67 €	from 6 to 200	Organisation of the outing and lift booking. - Lifts and transfers.	- Light gloves and winter hat, - Sunglasses, camera		
Rafting	First approach along the Arve river in the Chamonix valley	2 hours	mid-May - September		52 €		from 6 to 40	- Professional instructors, - Technical equipment and wetsuit, - Private transfers,	- Changing clothes, snacks, water, - Swimsuit and towel,		
·	Sporty rafting along the Arveyron + Arve river	half day	September	62 €		from 6 to 40	- Hot showers, changing rooms.	- Optional : BBQ (1/4wine and coffee included)			
Hydrospeed sur l'Arve	Swim down the white waters of the Arve river equipped with floaters and flippers I	2 hours	June to the end of September		62 €		from 6 to 30	- Professional instructors, - Technical equipment and wetsuit, - Private transfers, - Hot showers, changing rooms.	- Changing clothes, snacks, water, - Swimsuit and towel, - Optional : BBQ (1/4wine and coffee included)		
Canyoning	Experience an exceptionnal element! Jump, slides, abseiling, waterfallsa fabulous and challenging playground to share!	half day Barberine half day + Gorges du Bronze	May to October		75 € 85 €		from 6 to 40	- Mountain guides services, - Technical equipment and wetsuit, - Private transfers, Not meant for more than 80 people	- Changing clothes, snacks, water, - Sport shoes for walking in the water, - Swimsult and towel, - Optional : BBQ (1/4wine and coffee included)		
Mountain bike (regular or electric)	From a gentle to a more energetic downhill run, the Chamonix valley offers unique panoramas and numerous mountain-bike trails to suit your pace!	half day	May to	85 €			Mountain bike instructors services, Mountain bike or electrical mountain bike, helmets,	- Sport outfit, - Sport shoes.			
	Choose to have electric assistance and discover new routes, you can go faster abd further with minimal effort!	half day	October 138 €			66	- Private transfers.	- Sport outfit, shoes, - Optionnal : lunch in a restaurant or a mountain hut in Chamonix or in Italy - on request.			
Rock climbing Les Gaillands	Face à la chaîne du Mont-Blanc, découvrez de nouvelles sensations Une activité à la portée de tous !	half day	May to October		58 €		from 6 to 50	Mountain guides services, Harness and technical equipment, Transfers.	- Tracksuit, - Trainers or climbing shoes.		
Via Ferrata of "Les Evettes"	The whole route is a beautiful and aerial balcony overlooking on the Chamonix valley, facing the spectacular Mont Blanc range.	half day	May to October		118€		from 6 to 36	- Mountain guides services, - Harness and technical equipment - Transfers Transfers.J28	- Trainers - Sportswear		
Accro'park -Tree Adventure	Come and enjoy our "tree adventure park" with more than 70 stations.	half day	April to November		35 €		from up of 20 closed 200max	- Entrance to the park, transfers, fresh drinks, - Harness and technical equipment.	-comfortable clothes - Sport shoes.		
Hiking	Our mountain leaders will guide you along the most beautiul trails and reveal the secrets and history of our valley.	half day	May to October	6 - 20 pa 43 € 58 €	3	9€	from up to 6	- Mountain leaders services,	- Warm and comfortable sport clothes, waterproof jacket, picnic for a fullday, sunblock, sunglasses, hat		
High Mountain : Glacier Hike	Mer de Glace. Initiation to mountaineering ice techniques.	Mouto		199 €	3 €	from 6 to 150	 Transfers. Mountain guides services, Lifts, 	Optionnal : liffs. Warm and comfortable sport clothes, waterproof jacket, picnic for a fullday, sunblock, sunglasses, hat Bagpack (no more than 30L)			
	Col du Géant : at the heart of the massif, breathtaking and unforgettable !	.a day		235 €		max.	- Technical equipment, - Transfers.	- Picnic (optionnal : 17euros per person), - Boot sizes for all of the participants.			
Paragliding	A unique experience above the Chamonix valley I	2 hours	May to November	As	of 175 €		max 10 at the same time	- Tandem flight, - Lifts, - Private transfers.	- High (or mid) cut shoes, - Warm windstopper clothes, - Trousers.		



SPRING / SUMMER / FALL 2025 CHALLENGES & TEAMBUILDING

	Activities			T	Price all taxes included per person						
			Duration	20 - 30 p	31 - 50 p	51 - 70 p	71 - 100 p	101-150 p	> 150 p	Do not forget	
			5-6 activities to choose from :		115 €	98 €	113 €	78 €	82 €	77 €	
n -	Cham' Trophy	Cham' Trophy atmosphere, you will evolve through various activities within everybody's reach!	Rifle shooting, mountain biking, roped-up blind gymkhana, making a stretcher, blind cheese tasting, sustainable development quiz, the unusual crossing, the mountain guide's knots.		118 €		115 €		> 51		ļ
				half day	110€						
							+ 25 € per activity		+ 15 € per activity		
					The price		Organization, set up and supervis				
			Optional : zip line, monkey bridge.		The price			equipment, tr			
		Rafting to combine with : - Mountain bike, - Orientation challenge.		Large half	115 €						
AYF	Mini Raid										
				day	The price Technical equipment and transfers						
7					includes :						
_		Tru yourself at Riathlon I A run in mountain hike where you will have to	a display quickness and endurance, followed by rifle shooting requiring					Not meant f	or more than	The price includes :	
	Challenbge Blathlon-MTB	Try yourself at Biathlon! A run in mountain bike where you will have to display quickness and endurance, followed by rifle shooting requiring concentration and precision.		118 €	101 €	96 €		eople	organisation,		
				half day				·		supervision,	
	Challenge Blathlon-Nature Rallye									techincal	
		A combination of biathlon-rifle shooting and orier	thlon-rifle shooting and orienteering course. Find your way through the forest!		81 €	75	71	65	60	equipment, transfert	
										transiert	
	"1er de Cordée" Challenge	Picture yourself in Chamonix to achieve a once-in-a-lifetime project: the famous Mont Blanc ascent! The entire team will have to get ready for this incredible adventure.	- Introduction to rock climbing - Introduction to abseiling		148 €	132 €	122 €	Not mea	nt for more th	nan 70 people	
>			- Giant zip line above a lake	half day	- Organization, set up and supervision,					-Warm and waterproof clothes - Sunglasses, sunblock, - camera	
Α				Hall day	The price includes : - Technical equipment, transfers,						
귑		- Building a stretcher.			- Tent with beverages.						
ш	'Into The Wild' Challenge	'Into The Wild' Challenge A challenge specifically designed to get participants exchange to succeed throughout various "survival" activities. - Orienteering - Building a stretcher - Insects tasting - Building an emergency shelter.	- Orienteering	half day	8 - 20	21 - 30	31 - 50				
ROL			- Building a stretcher		99 €	82 €	77 €	66 €	people		
8							ion, set up and	d suparvision			
		till oughout various. Survivar activities.			The price			and transfers,]
					includes :	- Ten,t with	Ten,t with beverages.				
≿	Nature Challenge Equipped with a map and a c				10 - 20 p	21 - 30 p	31 - 50 p	51 - 70 p	71 - 100 p	> 100 p	
l Ĥ		Equipped with a map and a compass, the teams will have to realize a course through the forest searching for beacons and solving enigmas. Optionnal with a mountain bike or a GPS.		01.0	75.0	71 -	/F.a	10.0	54 €		
6			half day	81 € 75 €	71 €	65 €	60 €	54 €			
& DISCOVERY			Will difficult blick of distributions of					er person (maximum 30 people)			
					Extra c	ost VTT :	+ 20 € per pe	€ per person (maximum 40 people)]
						B1 € 75 €			60 €	54 €	
A A	From Chamouny to Chamonix	buny to Chamonix Throughout the city of Chamonix, discovery of typical places thanks to enigmas and clues.		half day	half day 81 €						
3							71 €	65 €			
CULTURAL								. 5			
				<u> </u>				1			

Our prices are VAT free according to Art. BOI-TVA-DECLA-30-20-20-10.

www.chamonix-seminaires.com - Info@chamonix-seminaires.com - Tél: +33 4 50 53 62 62

SPRING | SUMMER | FALL 2025 "SUSTAINABLE DEVELOPMENT" ACTIVITIES & EVENINGS, CONFERENCES

Activities					Prices per person, all taxes included			ncluded	Do not forget	
		A sightseeing of the area with "Sustainable development" workshops.			6 - 20		20 - 50 p		> 50 p	- Warm and comfortable clothes,
Mer de Glace				half day	86 €		81 €		76 €	- Good shoes,
	La Mer de Glace, throughout ages				The price includes :		- Mountain leaders services - Awareness activities and quizz - Lifts and transfers.			- sunglasses.
	Across an Ice ocean, hike on a receding glacier.	Hike on Mer de Glace glacier in a turquoise labyrinth of ice, meandering between ice towers and crevasses under legendary peaks.	- Climb up and ice wall and abseil down		20 - 30 p	31 - 50 p	51 - 70 p	70 - 100 p	100- 150 p	- Good hiking shoes,
			- Observation of the effects of climate change	Full day	215	210	205 195		185	- Warm clothes, windstopper jacket, sunglasses,
			- Crevasse rescue			- Organisation, preparation and supervision, The price - Technical equipment and transfers, includes : - Hire of mountain boots				- Small bagpack with your picnic, water, sunblock
		Ike awarel A hike that combines breathtaking landscapes and observing the signs of global warming.		Half day or Full day	6 - 20 p			>		
<u>D</u>	Hike awarel				60 / 88		56 / 83 - Mountain leaders services			-
Hiking					The price includes :		- Awareness activities and quizz			
							- Lifts and transfers.			
				Evening			from up to 115			- Warm and comfortable clothes.
SS	Moonlight adventure	Evening stroll with a mulled wine break in a cosy atmosphere, followed by a savoyard dinner in a typical restaurant.			The price includes :			leaders service	ciotries.	
l ĕ								meal and con 24 people : 205	Warm and waterproof clothes, light gloves, good hiking shoes, hat, sunglasses, small bagpack, water, sleeping liner.	
EVENINGS	Night at the Loriaz hut	An evening to help you recharge your batteries and relax !			The price includes : Mountain leaders services, hiking poles, overnight sta at the hut with half-board.					
(CES						700,00 €	Formula B	900,00 €	Formula C 1 300,00 €	
Screening of our movie "Guides & Cie" translated in English and discussion with a high mountain guide. Parralels between enterprises and the company spirit, or climate change effects.				Evening	The price includes : A mountain professional and video support.					

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SPRING | SUMMER | FALL 2025 CONFERENCES & MEETINGS

CONFERENCES

Before or after your meeting, early evening, conferences about the profession of mountain guide, the links with entrepreneurship or the effect of climate change on the mountains.

The 'Compagnie des Guides' spirit & the business industry : a surprising parallel!

Screening of our movie « Guides & Cie » translated in English.

You will discover incredible views and summits, High quality scenes on the "Mountain Guide job". Quite unexpectedly you'll notice that there are few common values linking those two very different worlds...Then, you can have a free discussion with a mountain guide. A few different conference options are available.

Awareness of Global warming & Impact on our Glaciers

Conference with Ludovic Ravanel, doctor of geomorphology and member of the Compagnie des Guides. Ludovic received several awards for his thesis on mountain rock collapse and regularly gives speeches at the Montenvers site to explain the impact of global warming on our glaciers.

A fascinating conference not to be missed...

Connexion: Cohesion and stress management workshops

During 2 hours for each of the workshops, come to deepen and experiment

*Connection, by experiencing the group dynamic and becoming aware of non-verbal language.

 ${}^*\text{Connecting with yourself, by tackling stress management with an easy-to-use tool: breathing.}\\$

Maximum 30 people, all year round, all ages

A room adapted to the number of participants is required. Room hire not included

YOUR MEETING AT THE TOP

What about organizing your business meeting or conference in an exceptional place?

A contemplative activity or a glacier hike can be organized before or after the meeting.

COSMIQUES HUT - 3 613 m

Room for 30 people (video projector and computer available at the hut)

MONTENVERS 'SALON MER DE GLACE' - 1 913 m

Room for about 70 people.

AIGUILLE DU MIDI - 3 842 m

Room for up to 26 people.

SKYWAY MONTE-BIANCO IN ITALY - 2 173 m

Auditorium of 150 places and rooms for 80 or 10 people.